

ASLI NUGGETS

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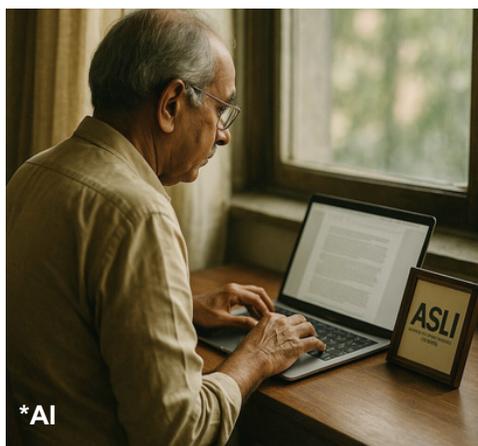


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Not Retired, Reawakened

At 65, I stand not at the twilight of life, but at a luminous threshold—where the soul leans forward, eager not to retire but to reawaken. These years have not been about slowing down; they've been about deepening. About replacing noise with nuance, haste with harmony.

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Editorial Desknote: Growing Old, Growing Wise – But Still Growing

This edition of ASLI Nuggets is a celebration of the truth that growth doesn't retire — it simply changes shape.

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Retired, Not Tired: My Journey So Far

After retirement I tried my culinary skills and started cooking on a daily basis. Started with breakfast only...

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Where I Went to Give Love... and Received So Much More

We are a nuclear family comprising my husband Arun, daughter Deepthi and myself.

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Life Began at Sixty

In days of yore when lives were shorter, they said 'Life begins at forty'. Not so today.

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Second Innings, First-Class Journey

In 1969, I completed my engineering degree from Mumbai University and joined Afcons, a major construction company in Mumbai. During my initial years with Afcons...

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Gracefully Bold: My Athashri Journey

I firmly and truly believe in the caption that age brings along with it wisdom, Grace and definitely Courage. Although wisdom does not dawn on everyone very easily...

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A Life Well-Lived: The Joy of Aging with Grace and Curiosity

“The longer we live, the more beautiful the life becomes,” says Frank Lloyd Wright. “Getting old is like climbing a mountain...

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Golden Light: A Daughter’s Tribute to Her Mother

My Dear Amma... Amma, amma! Just saying the word brings warmth like the early morning rays of the golden sun on our skin!

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Blooming at 87: The Legacy of a Life Well-Lived

I often wish for only 1% of the grit, enthusiasm, energy, talent and strength that my parents have.

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Studious Still: The Lifelong Journey of Knowledge and Purpose

To answer this question, one has to introspect one’s lifestyle to find out how he has valued his power of knowledge and his desire...

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From Crutches to Celebration: A Story of Strength and Gratitude

2024 marked yet another year of my lifelong mission to bring solace and support to cancer patients, particularly the children who bear the burden of this disease.

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Ti-ti, Tia and Me

‘Papa, breakfast is ready, please come inside,’ I announced loudly from drawing room. Who am I – I am Titi, a little girl of class II. Mr Bhaskar was enjoying a newspaper...

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A Bridge Built on Kindness

Kindness and love are the anchors in life. It is only these two blessed things that can begin to heal all the broken hearts. No act of kindness is ever wasted.

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For more information about ASLI

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*AI-generated visuals inspired by theme