

ASLI NUGGETS

FOR THOSE EMBRACING THE GOLDEN YEARS



Association of Senior Living India
Empowering Senior Living and Care in India

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Home, My Sweet Home

Home is where the heart finds peace—a sanctuary filled with love, laughter, and cherished memories. For retirees, it offers comfort and space to reflect on life's blessings. Beyond home, community living brings companionship, shared stories, and meaningful connections, turning everyday moments into extraordinary ones.



Editorial Desknote

Home is more than just a place; it's where the heart finds peace. It's the laughter that fills the air, the aroma of favorite meals, and the cozy

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The Sweetness of Home and the Joy of Community Living

Home Sweet Home, there is no place like sweet Home" by poet John Howard Payn

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A Retiree's Financial Perspective on Joyful Living

For many seniors, the phrase "Home, Sweet Home" carries deeper meaning as we navigate retirement.

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Home: A Haven of Love, Memories, and New Beginnings

It is usually said that "Home is where the heart is". When we are born, it's the home

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Retirement Reflections: Embracing Life, Community, and the Comfort of Home

The petty done, the undone vast” Retirement is a time to explore, engage in wish fulfillment , gaze at ‘skies full of stars at night’,

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A Life Well-Lived: Cherishing My Beloved Home and Community

I am currently alone in my beloved home. I have come a long way and have reached the age of 71. I have lived a varied life. Let’s go back a little.

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Rediscovering Joy: Embracing Life’s Possibilities at Eighty

At the time of writing this article I am almost eighty years old. As I was growing older, the surroundings started changing slowly.

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The Girl on the Calendar

One evening, in the late-1960s, in the railway headquarters town where we lived, my father returned home from his office ,

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The Lotus of Our Lives

My mother-in-law, Kamal, was a woman of substance. She wasn’t just a mother-in-law or a wife; she was a pillar in the truest sense.

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Threads of Companionship: A Journey Through Friendship and Self-Discovery

Kavya sat pondering. The year 2024 was drawing to a close and the world stood on the threshold of 2025. A time for reflection, stocktaking.

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Reflections of a Journey: Embracing New Dimensions in Life

That was early this year
Challenges O Challenges
I stood in front of the

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Gratitude in Every Corner: A Tribute to Care and Companionship

I am grateful for all the greetings on the stairs in the aangan and in the room the namastes are not perfunctory and the smiles

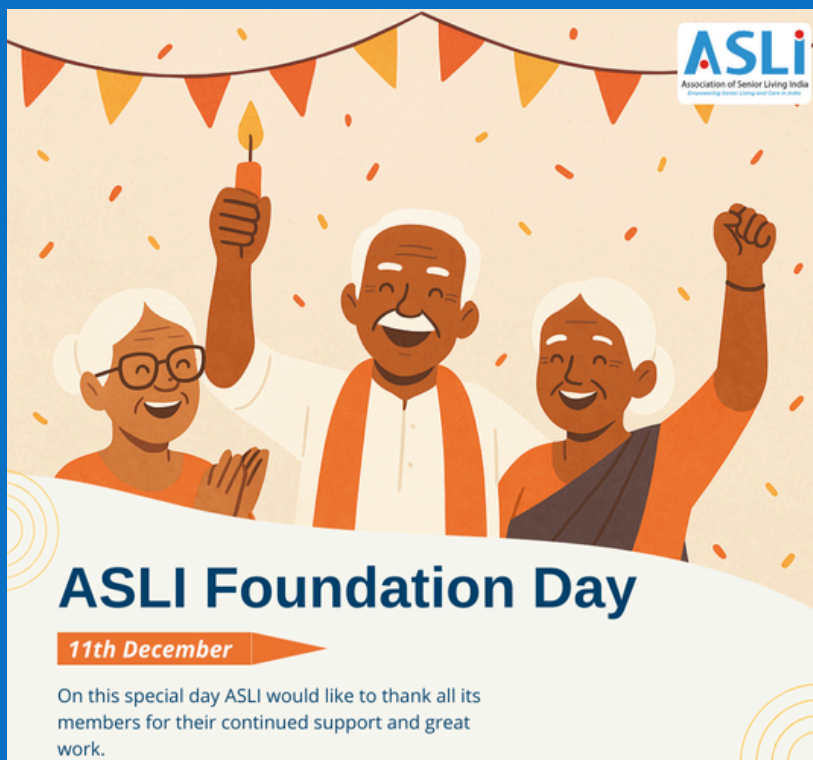
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Art from ASLI TALENT SHOWCASE

Kavya sat pondering. The year 2024 was drawing to a close and the world stood

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ASLI Foundation Day

Youtube: https://www.youtube.com/watch?v=mAlsXbHJJ_k&ab_chann



Fashion Show

Youtube: https://www.youtube.com/watch?v=mAlsXbHJJ_k&ab



Group Dance

Youtube: <https://www.youtube.com/watch?v=Cd2fIRg6aLU>



Rangoli

Youtube: <https://youtu.be/eo5OY-92ixE>



Group Song

Youtube: https://www.youtube.com/watch?v=Qb4f_tPiaKc

For more information about ASLI